NC FIELD

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# Newsletter

AUGUST 2023

North Carolina Focus on Increasing Education, Leadership, & Dignity



## We now have a Pavilion!!

In April 2023, we held an event where we distributed almost 20,000 pounds of culturally appropriate and nutritious food to those in need. Each month from October to April, we organize food distribution events, and the new pavilion will make it easier for us to serve the community. We are always excited to see familiar faces and meet new individuals at these events. Anyone who is interested is welcome to attend our upcoming events. We would like to express our gratitude to Resourceful Communities, Food Bank of Central and Eastern NC, Diocese of Raleigh, and Maria Reina de las Americas Catholic Church/Father Bernard Mbay (NC FIELD board member).



# **EQUITABLE ACCESS**

#### Farmworker Housing



The housing situation of Latino farmworker families in eastern North Carolina is worrying. Many of these families live in inadequate conditions, with issues such as overcrowding, poor ventilation, and insufficient sanitation facilities. This is a cause for concern.

A research article published in the Journal of Agricultural Safety and Health highlighted that few studies have documented the housing conditions of Latino farmworker families in the US. This study assessed the housing quality for farmworker families in eastern North Carolina and found it to be generally poor. Additionally, the study linked individual and family characteristics to housing quality.

It's concerning that persistent issues still exist without significant change being made. We must approach our congresspeople to ensure effective measures are taken to address the situation. Our voices need to be heard, and we must actively participate in facilitating change.







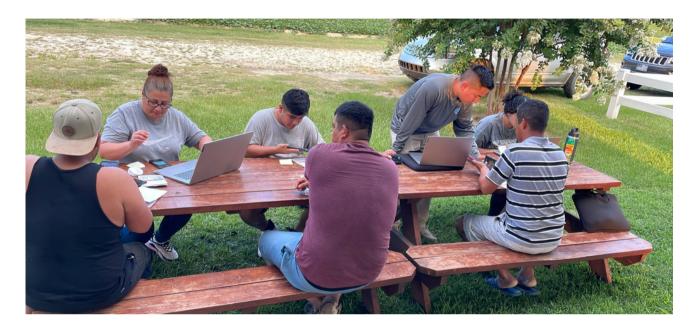


## MATERNAL HEALTH

For centuries, women have been assisting other women during childbirth, and this tradition continues today through community-based doulas. These doulas offer affordable and dependable care that is well-received by Latino communities. As more women seek greater control over their childbirth experiences, the role of doulas becomes increasingly important. According to a report from the Commonwealth Fund, communitybased doulas and nurse-midwifery care have been proven to enhance maternal outcomes and equity. There is a growing demand for increased training and access to community-based doulas from community members, policymakers, midwives, and other individuals who are concerned about addressing the maternal health crisis.

It's important to understand that doulas are not medical professionals and do not deliver babies. Instead, they provide education and support during the prenatal, labor, and postpartum periods, ensuring that their clients' choices are respected and guiding them and their families to medical and community resources as needed.

# Farm and Food Workers Relief Program (FFWR)



#### FFWR TEAM IS GROWING!

Attention farmworkers, you may be eligible for a one-time payment of \$600 to help with expenses related to COVID-19. NC FIELD is one of nine organizations offering application support, and we have hired four part-time intake specialists to simplify the application process. If you have any questions, please contact the Food and Farm Relief coordinator for help.

### Angel Gaona

FOOD AND FARM RELIEF COORDINATOR

(252) 470-3950 <u>ANGEL@NCFIELD.ORG</u>



NC FIELD staff attended the Non-Profit 101 Finances Training in Raleigh, NC

Thank you to Resourceful Communications, Hispanic Federation, and El Pueblo, Inc. for making this training possible for many NC Latino serving organizations.



Check out the amazing work that Hispanic Federation is doing



### Health Marketplace & and Medicaid

Did you know? NC FIELD participates with the NC Navigator Consortium and offers equitable access to Health Martketplace assistance at Brightleaf Flea Market each Sunday between 9-2 PM. Services are accessible and bilingual. Between November 1 and January 15 a team of FFM Navigators will be available on Saturday and Sunday. We are happy to help anyone with questions, education, and applications!

#### CONTENTS

- **Obamacare/ACA** Information
- 2 Application Assistance for Affordable prescription Drugs
  - Durg and Alcohol Counseling
    - Relief for farmworkers affected by COVID-19

And much more! Stop by and visit us

## GET TO KNOW US Nichole Wade



#### **WORK EXPERIENCE**

I have worked as an Outreach Worker with our local farmworkers since 2016. I have been with NC FIELD-Sembrando Salud since 2019. I absolutely love my job and the feeling I get, knowing I am helping in the community. It brightens my day each and every day knowing I am making a difference, large or small.

#### **ABOUT ME**

I grew up in Greene County, NC on my family's farm. I remember picking sweet potatoes, shucking corn and shelling many butter beans as a child. I now live in La Grange with my six beautiful children that I absolutely adore. I enjoy cooking and trying new things.

#### **EDUCATION**

I went to LCC, in Kinston NC. I am a Community Health Worker, Certified Med Tech, CNAI, Notary Public, and currently studying to become a (Bilingual) Certified Alcohol and Drug Counselor. This is such a passion of mine.

# Stay up to date

Important Dates

**08/06:** Farmworker appreciation day

**08/20:** National Latina Day

08/27-09/02: CHW Awareness week

### How you can help!

Follow us on social media. Like & Follow! Donate on NCFIELD.ORG. Volunteer at events





Dear NC FIELD Supporters, Thank you for supporting NC FIELD and farmworkers everywhere. We hope you will enjoy some updates on the amazing work that we have been doing thanks to supporters like you! Yesenia Cuello Executive Director